

Mission

Our mission is to enrich the lives of **all** who participate and increase understanding and acceptance of disabilities as a natural part of human life.

Vision

Our vision is that all youth are welcomed, included, and valued in recreational and developmental programs within our community.

What We Do

- Y INCLUDE youth with disabilities into existing recreation programs throughout the Cedar Valley.
- Y COLLABORATE with partner agencies and parents of youth with disabilities to help ensure a positive experience in the leisure activities of choice.
- Y INDIVIDUALIZE supports and help provide respectful accommodations
- Y ADVOCATE for you and your child to ensure inclusion within the activities you select.



Benefits:

- Freedom to choose
 - Improved self-confidence
 - Enhanced self-esteem
 - Improved cognitive, and social skills while having fun!

It's your right!

The Americans with Disabilities Act (ADA), Title III, requires places of public accommodation to be accessible and usable by people with disabilities and that programs make "reasonable modifications" for children with disabilities.

Who is eligible for inclusion services?

Any person between the ages of 2 and 21 in Black Hawk, Bremer, or Grundy counties with a special need or an IEP.

What do I need to do to get started?

1. Call the Family YMCA of Black Hawk County to make an appointment with Susie Lund, Inclusion Director (319) 233-3531.
2. Together we will find programs that best suit your child's interests and decide the best way for your child to participate.

What is the cost of inclusion services?

The only cost is the regular fee associated with the program of interest! Together We Play provides inclusion services to families at **NO COST**, thanks to generous donations from our program sponsors.

Serving the residents of Black Hawk, Bremer, and Grundy Counties through the following partner organizations:

Referral Organizations:

- Area Education Agency 267
- Cedar Valley's Promise
- Covenant Medical Center
- Exceptional Persons, Inc.
- University of Northern Iowa
- Volunteer Center of the Cedar Valley

Current Program Partners:

- Cedar Falls Parks and Recreation
- First United Methodist Church, Cedar Falls
- Girl Scouts of Eastern Iowa and Western Illinois
- Hearst Center for the Arts
- St. Edward's Catholic Church
- Sturgis Youth Theatre
- UNI Paddling Panthers
- United Sport and Athlete
- Waterloo Center for the Arts
- Waterloo Leisure Services
- Wartburg-Waverly Sports and Wellness Center
- Westminster Presbyterian Church
- YMCA

Funded in part by:



Family YMCA of Black Hawk County
669 South Hackett Road
Waterloo, IA 50701
(319) 233-3531



Cedar Valley United Way
Community Foundation of Northeast Iowa
Mitsubishi Electric America Foundation
Special Hope Foundation



**Cedar Valley's
Resource on
Inclusive Recreation**
