



# IFC Veterans Workgroup

**NEED:** There are approximately 23.2 million military veterans in the United States with roughly 5.5 million reporting any type of disability. Of those, 1.8 million veterans report mental health problems. The Veterans Workgroup was established to enable our injured soldiers, sailors, airmen and other veterans with disabilities to exercise and participate in sport and recreation again while providing hope and health on a variety of levels.

**GOAL:** To develop a central hub where veterans with disabilities can seek information on inclusive sport, fitness, and recreation along with networking opportunities and a forum for communication about experiences with programs in the fitness, sport and recreational arena.

**ASK:** No veteran with a disability left to re-engage in society without being served through inclusive sport and recreation.

To join the Workgroup go to: <http://lists.incfit.org/mailman/listinfo/veterans>



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