

IFC Inclusive Fitness Coalition



Health and Fitness Clubs Workgroup

The mission of the Health and Fitness Club Workgroup is to motivate owners and managers of health/fitness facilities to develop an environment that is inclusive, providing accessibility to all. This may involve, but is not limited to, changes to equipment, facilities, programs, practices, staff training, and marketing. The group is currently working on creating an accessibility toolkit that can be used to remove environmental barriers, learn about accessible equipment and train facility staff in order to create a more welcoming environment for people with disabilities. The group is chaired by Cary Wing, EdD, Executive Director/Medical Fitness Association.

To learn more about the workgroup use the following links:

- <http://incfit.org/node/183> Workgroup Goals
- <http://incfit.org/node/230> Workgroup Agendas/Minutes/Meetings
- <http://incfit.org/node/235> Toolkit
- <http://incfit.org/node/200> ASTM Standards Information

For more information or to participate, contact Cary at cwing@medicalfitness.org or contact Jessica Madrigal, NCPAD Visiting Information Specialist, using the information below.

Jessica Madrigal

Visiting Information
Specialist



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