

# IFC

# Inclusive Fitness Coalition

actively moving forward



## Health and Fitness Clubs Workgroup

The mission of the Health and Fitness Club Workgroup is to motivate owners and managers of health/fitness facilities to develop an environment that is inclusive, providing accessibility to all. This may involve, but is not limited to, changes to equipment, facilities, programs, practices, staff training, and marketing. The group is currently working on creating an accessibility toolkit that can be used to remove environmental barriers, learn about accessible equipment and train facility staff in order to create a more welcoming environment for people with disabilities.

Membership in the group is free, and serves as an excellent way to network with people who are leading the way in inclusive fitness.

To learn more about the workgroup use the following links:

<http://incfit.org/node/183> Workgroup Goals

<http://incfit.org/node/230> Workgroup Agendas/Minutes/Meetings

<http://incfit.org/node/235> Toolkit

<http://incfit.org/node/200> ASTM Standards Information

For more information or to participate, contact Cary Wing via email ([cary@fitmarc.com](mailto:cary@fitmarc.com)) or phone (800-900-8086).

Dept. of Disability and Human  
Development  
1640 W. Roosevelt Road, 711 Chi-  
cago, Illinois 60608  
[jmadr1@uic.edu](mailto:jmadr1@uic.edu)

The Inclusive Fitness Coalition (IFC) is comprised of over 170 member organizations dedicated to increasing inclusion and access to physical activity for people with disabilities. Funding for the Inclusive Fitness Coalition is provided by the Centers for Disease Control and Prevention (CDC) and the National Institute on Disability and Rehabilitation Research (NIDRR).

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For more information or to participate, contact Cary at [cwing@medicalfitness.org](mailto:cwing@medicalfitness.org) or contact Jessica Madrigal, NCPAD Visiting Information Specialist, using the information below.

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### Jessica Madrigal



Dept. of Disability & Human Development (MC 626)  
1640 West Roosevelt Road, Suite 711  
Chicago, Illinois 60608-6904  
Phone: (312) 996-5486 • Fax: (312) 355-4058  
E-mail: [jmadri1@uic.edu](mailto:jmadri1@uic.edu)  
[www.incfit.org](http://www.incfit.org)  
[www.ncpad.org](http://www.ncpad.org)